

Noddfa Spirituality Centre

**Information and booking:** 

csnretreats.org.uk or CSN Conference Secretary, Catholic Spirituality Network, St George's Cathedral, Westminster Bridge Road, London SE1 7HY 07756 864784 catholicspiritualitynetwork@gmail.com

We look forward to meeting you at Noddfa

## Catholic Spirituality Network (CSN) Conference 2024

## Send my roots rain



Keynote speaker Christopher Chapman

Liturgist Avril Baigent Friday 21- Sunday 23 June

Noddfa Spirituality Centre, Penmaenmawr, North Wales

## Christopher Chapman is a spiritual director, retreat leader, teacher



and writer. Chris was the Spirituality Adviser for the Anglican Diocese of Southwark for a number of years. He is currently an associate tutor for St Augustine's College of Theology and a guest director at St Beuno's.

Christopher writes: Send my Roots Rain will explore ways of allowing the water of the Spirit to soak down to our roots. Our roots lie in our formation and experience – and above all in relationship with our life-giving God. But our roots can become dry. In caring for others, we can neglect to look

after ourselves. Yet we remain disciples, called to the intimacy of companionship with Christ and continued growth in the Spirit. Our spiritual, physical and emotional health matters to God, who calls each one by name.

As always, the Conference will include well-planned liturgies to help us reflect on the theme.

Avril Baigent began working for the church as a parish assistant in a multi-cultural and vibrant parish in Slough. As youth officer for the Diocese of Northampton she loved unpacking the treasures of the



church for a new generation, before moving to work in adult formation as Pastoral Ministry Advisor, developing digital opportunities for spiritual formation. She supports workshops and retreat days along with 'Called and Equipped', a year long programme of webinars for those in Ministry. Her most grounding experiences are walking with her parish community week by week, leading music or getting involved in children's liturgy. In 2023 she gave the Crichton Memorial Lecture for the Society of St Gregory. The Conference is open to everyone. Early bird booking applies up until 29 February 2024. An additional reduction is offered to CSN members.

Noddfa offers a mix of bedrooms for single occupancy with shared bathrooms. Ground floor options are limited. There is a stairlift to some of the first floor bedrooms. We have booked the whole house and also the 6-bedroom cottage in the grounds. Do get in touch with any queries and let us know your access needs on the booking form. We will do our best to accommodate everyone.

## **Conference Fees**

Early Bird: book before 29th February 2024	
Members:	£225.00
Non-members:	£245.00
Book after 29th February 2024	
Members:	£275.00
Non-members:	£295.00

There is a discount of £20.00 for all CSN members.

Please send your completed booking form for the conference (also available online) with a non-returnable deposit of  $\pounds$ 50.00 as soon as possible to reserve your place.

We hope that bursaries will be available for those who have difficulty meeting the costs (enquiries to the Conference Secretary).